

**You are invited to a Free
Equine Assisted Growth and Learning Demonstration
Sunday, October 25, 2015, 10:00am to 2:00pm
at High Knoll Equestrian Center
100 Ten Rod Road, Rochester NH 03867**

You are invited to participate in a unique experiential methodology targeted towards personal and professional development. This demonstration is designed for mental health professionals, parents and educators interested in finding out more about the EAGALA model.

The demonstration will be a hands-on experience in how an actual session would work. The EAGALA model incorporates horses as members of the facilitation team. Horses mirror our behavior and provide instant, non-judgmental feedback. You will experience how participants can benefit from equine assisted activities.

Hosted by Christina Richardson, OTR/L
owner of
Fulcrum Therapy LLC
fulcrumtherapy.com



**RSVP and
order a Lunch**

**Please wear
closed toe
shoes.
No sandals!**

The EAGALA Model is a powerful and effective therapeutic approach that has an incredible impact on individuals, youth, families, and groups. EAGALA is Equine Assisted Growth And Learning Association. It addresses a variety of mental health and human development needs including: behavioral issues, attention deficit disorder, substance abuse, eating disorders, abuse, trauma, depression, anxiety, relationship problems and communication challenges.

Ellen Donaghey is the EAGALA New England Network Coordinator. Ellen is currently an Adolescent Case Manager at an inpatient substance abuse facility in New York.



Ellen Willis is the NH EAGALA Network Coordinator and is EAGALA Certified and an Equine Specialist. Ellen is the owner of Indigo Moon Farm in Strafford, NH and uses the EAGALA model to work with children, adolescents and adults. She just started offering Horse & Alpaca Powered Reading at IndigoMoonFarm.net.



Jimmy Downes is an EAGALA Advanced Certified Equine Specialist and trainer. He has a farm in Sandy Hook, CT., and was instrumental in using the EAGALA model to help the families of Sandy Hook after the tragic school shooting there. Jim uses the EAGALA model to work with sexually abused children, substance abuse clients, and as part of a Military Wellness Program.



Please RSVP Ellen: 603-905-9705, Ellen@IndigoMoonFarm.net